



## **WHAT TO DO** Before the Quake:

### **In Working Place:**

- 1- Get training in first aid and how to use a fire extinguisher.
- 2- Learn how to turn off the gas, water, and electricity.
- 3- Anchor heavy furniture to the walls or floor.
- 4- Secure your space by identifying hazard sources
- 5- Increase safety awareness about earthquake hazard
- 6- Download The Apps (DB Safe Oasisplus for Dubai)





# WHAT TO DO During the Quake:

#### **Inside the building:**

- 1- Stay inside!, Do NOT run outside during the shaking, . It is very dangerous to try to leave a building during an earthquake.
- 2- Stay Calm & Remember the Phase, "Duck, Cover and Hold"
- 3- Stay away from windows and outside doors, stand in a doorway, or crawl under heavy furniture (a desk or table).
- 4- Don't use elevators (they'll probably get stuck anyway)

#### **Out Doors:**

- 1- Stay in the assembly area specified for your building block.
- 2-Stay away from buildings (stuff might fall off the building or the building could fall on you).
- 3- If you're in a car, pull over to a clear location, stop the car and stay inside the car until the earthquake stops.
- 4- Follow your working emergency plan









### WHAT TO DO: After the Quake

#### In Doors:

- 1- Check yourself and others for any injuries. Provide first aid for anyone who needs it.
- 2- Check water, gas, and electric lines for damage. If they are damaged, shut off the valves. Check for the smell of gas. If you smell it, open all the windows and doors, leave immediately, and report it to the authorities.



- 3- Don't use matches, candles, or any flame.
- 4- Stay away of damaged buildings, be careful around broken glass and debris.
- 5- follow the emergency plan or the instructions of the person in charge
- 6- Use the DB safe Apps to notify the Building Manger about any hazards or injury.
- 7- Expect aftershocks. Each time you feel one, drop, cover, and hold on!

